

Navigating in Troubled Waters - How to Survive in Unknown

Territory

*Gene
Pfeiffer*

Presenter Personal Disclosure

Presenter's Name: Irene Pfeiffer

I have no current or past relationships with any commercial entities

I have received a speaker's fee from PTSA for today's learning
activity

Learning Objectives

1. By the end of this presentation, attendees will be able to determine how to start their day on a positive note
2. By the end of this presentation, attendees will be able to recognize how to challenge their attitudes towards change
3. By the end of this presentation, attendees will be more mindful of how to have a better understanding of how they can affect change

Positive
Vibes
Only

Change within the world

Changes within our
healthcare system

Finding and maintaining the
desire to provide the best
healthcare possible despite
constant change

How do we improve our
delivery?

Different practice settings
challenge our ability to
change

Leaders within our
profession challenge status
quo

Improvement of practice,
creating opportunities, and
positive changes

Removing the fear of change
and the unknown

*Change can be uncertain, but
rewarding!*





How can we as healthcare professionals provide the answers and reassurance our patients are looking for when we are searching for the same thing?

Feelings of frustration and anxiety make it difficult to want to continue

The environment and development of our services requires good communication skills, energy, and a positive attitude.

Strong leaders motivate and inspire others and allow quick, confident decisions to be made while always keeping our patients in mind

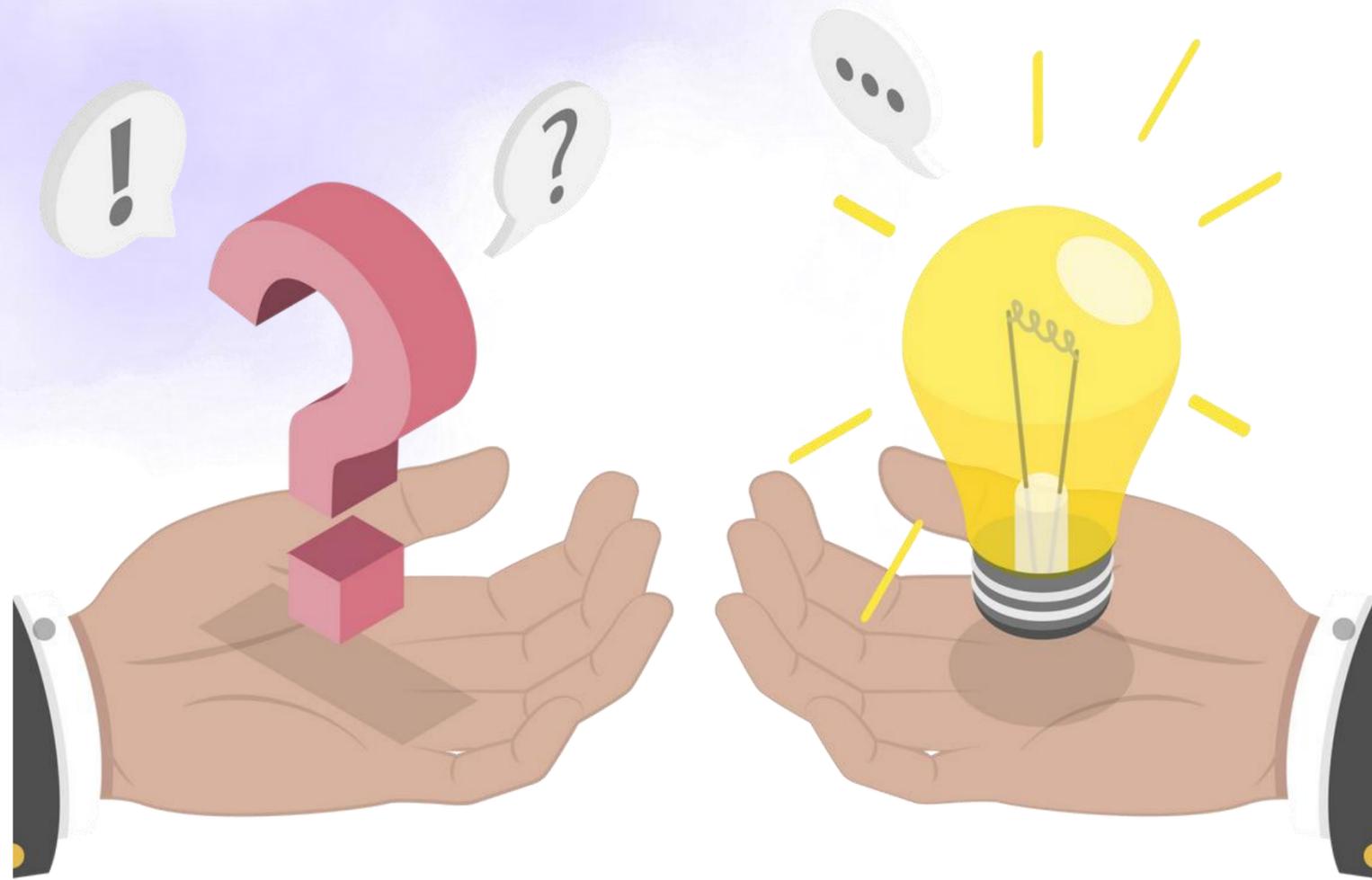
Adaptive leadership appreciate the challenges and are not afraid of failing.

Are there opportunities for you to change and lead in your work environment?



We need to be able to manage our own health and well-being in order to manage changes in our workplaces.

Staying focused on the negative or not being able to remove worries from your mind will prevent you from moving forward.



It's okay not to have all the
answers!

We are all in this together,
and are all working towards
the same goal each day -
our patients.

It takes as much energy to
be positive rather than
negative.

You can change the tune!

Together
We Can!

Thank You!

The background features two large, soft-edged purple watercolor splashes. One splash is in the top-left corner, and the other is in the bottom-right corner. The central area is white.

Questions?