



# Finding Our Leadership Path to Professionalism

September 13, 2023

# Presenter Disclosure

- Presenter's Name: CJ Hoban
- I have no current or past relationships with commercial entities
- I have the Relationships with commercial interests:
  - Advisory Board/Speakers Bureau – CCEP (Panelist Reviewer)
- Speaking Fees for current program:
  - I have received a speaker's fee from PTSA for this learning activity

# Learning Objectives

- By the end of this session, you will be able to:
- Identify values and understand how we can live into these in our work
- Understand how leadership is tied to professionalism
- Identify opportunities to support personal leadership development



---

# Sharing the Steppingstones of my Journey

September 13, 2023

# Is leadership a skill or a trait?



September 13, 2023

---

# Definitions of a Leader

**Oxford Dictionary: the person who leads or commands a group, organization, or country.**

*"Leadership is envisioning the skyscraper before laying the first brick."*

*"Leadership is orchestrating a harmonious symphony from a cacophony of individual instruments."*

*"Leadership is nurturing the seeds of potential in others and helping them blossom."*

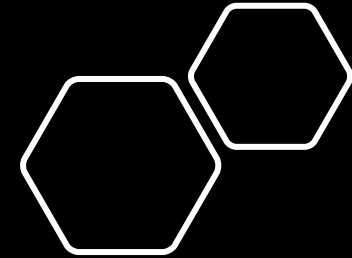
## Traits and Skills

### TRAITS

- Visionary
- Strong-willed
- Diligent
- Inspirational
- Purpose-driven
- Role models
- Symbols of hope
- Intelligence
- Alertness
- Insight
- Responsibility
- Initiative
- Persistence
- Self-Confident
- Sociable

### SKILLS

- Organized
- Able to coordinate efforts
- Understand and manage resources
- Understand technical needs
- Motivational
- Purpose-driven
- Analytical
- Intelligent
- Create trust
- Manage interpersonal conflict
- Problem Solving
- Strategic Planning
- Visionary
- Self-Confident
- Socially Perceptive



---

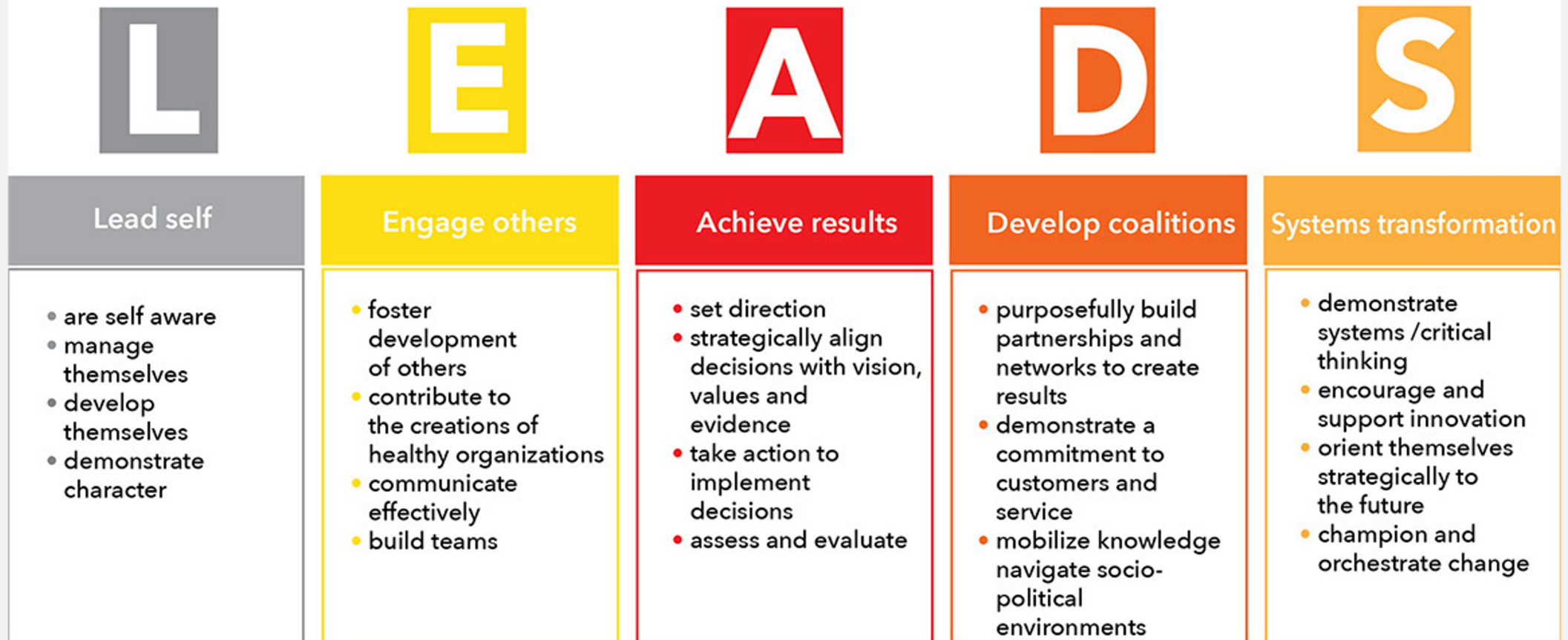
SELF-AWARENESS AND  
SELF-LOVE MATTER.

*Who we  
are is  
how we  
lead.*



- ❖ Does this define me?
- ❖ Is this who I am at my best?
- ❖ Is this a filter that I use to make hard decisions?

Figure 1. The LEADS framework





# What are Some Everyday Examples of Self Leadership?

September 13, 2023

---

# Leads in a Caring Environment

## Leads Self:

Self-motivated leaders...

**What Inspires You?**

- **Are self aware**

They are aware of their own assumptions, values, principles, strengths, and limitations.

- **Manage themselves**

They take responsibility for their own performance and health.

- **Develop themselves**

They actively seek opportunities and challenges for personal learning, character building, and growth.


- **Demonstrate character**

They model qualities such as honesty, integrity, resilience, and confidence.

[The LEADS Framework \(cchl-ccls.ca\)](http://cchl-ccls.ca)

# Translating Inspiration into Action:





When you make a mistake,  
throw your hands in the air  
and say “How fascinating!”

Benjamin Zander



# Mind the Gap

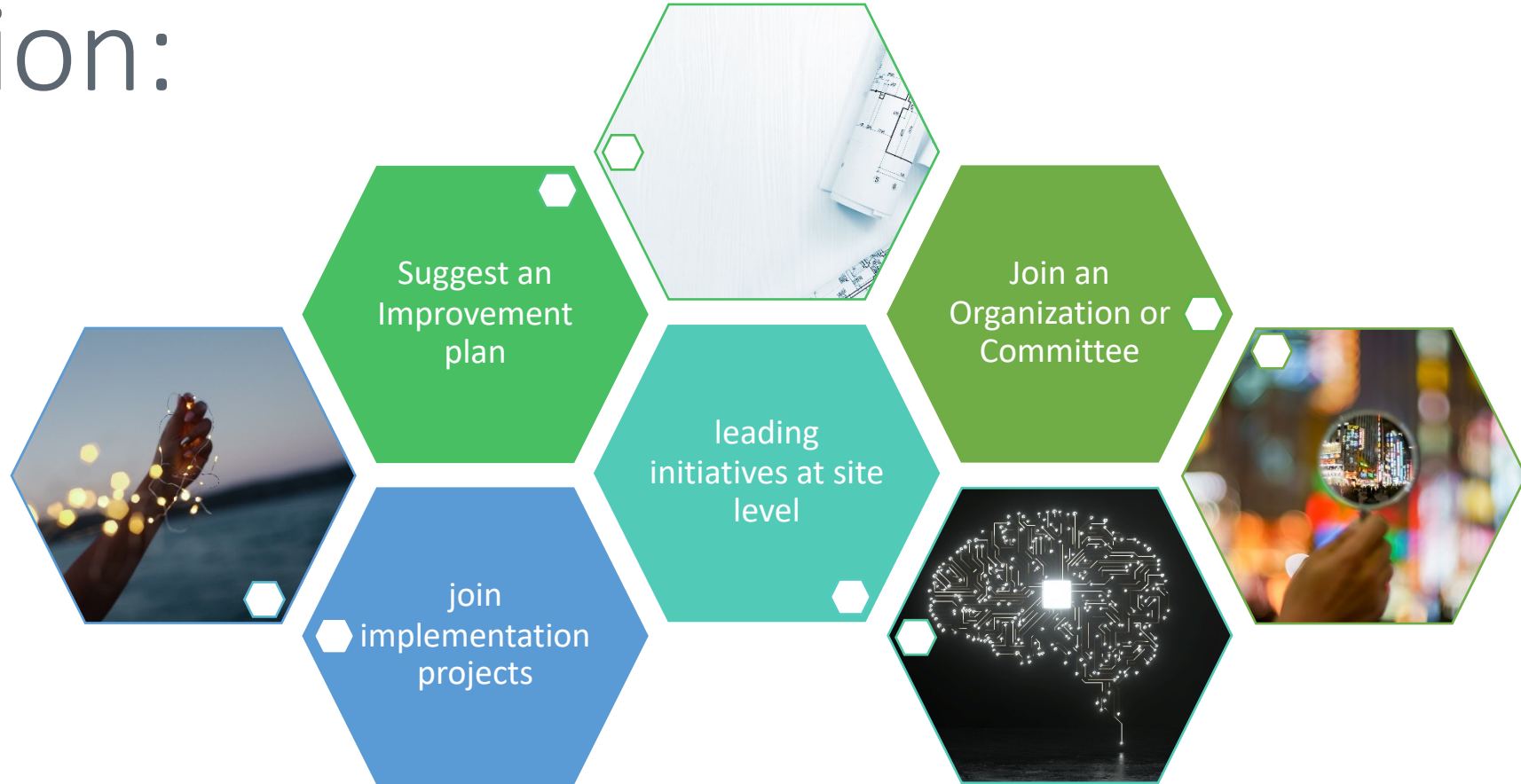
---

Most of the time we don't know,  
what we don't know

September 13,  
2023



# Opportunities for Action:



# Building Courage

---

“Courage doesn't always roar.  
Sometimes courage is the little  
voice at the end of the day that  
says I'll try again tomorrow.”

Mary Anne Radmacher

September 13, 2023



## Tenants of Professionalism as define by the Alberta College of Pharmacy:

An engaged pharmacy professional is:

- person-centred,
- a collaborator,
- a leader, and
- an active learner.

An engaged pharmacy professional:

- uses good judgement, and
- has a strong set of values.

September 13, 2023

**For our own success to  
be real, it must contribute  
to the success of others.**

Eleanor Roosevelt

Supporting the Profession

September 13, 2023



Questions?

---

# References

- Alberta College of Pharmacy Tenets of professionalism,
- Code of Ethics, Standards of Practice for Pharmacists and Pharmacy Technicians, and applicable legislation (e.g., *Health Professions Act*, Pharmacists and Pharmacy Technicians Profession Regulation).
- Oxford Dictionary
  - [7 Definitions of Leadership That'll Change Your Perspective \(linkedin.com\)](#)
  - [The LEADS Framework \(cchl-ccls.ca\)](#)
  - [Leadership Skills vs. Leadership Traits: With Examples | Indeed.com Singapore](#)
  - [Is Leadership an Inherent Trait or a Developed Skill? \(chron.com\)](#)
  - [Daring Leadership Assessment - Dare To Lead \(brenebrown.com\)](#)
  - [Book Summary: The Art of Possibility by Rosamund Zander \(jamesclear.com\)](#)



**Thank you**

Finding Our Leadership Path to  
Professionalism