Sugar Monitoring Technologies

Helen (Hailun) Shi,
Bsc. Pharm., APA., PharmD, CDE, CTE, CBE

Disclosures

I have the Relationships with commercial interests:
Advisory Board/Speakers Bureau – None
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Research/Clinical Trials: None
Speaker/Consulting Fees: Abbot, Amgen, Ascensia, Assertio, AstraZeneca, Becton Dickinson and Company, Dexcom, Eli Lilly, IiV Agency, Novo Nordisk, Novartis, GlaxoSmithKline,
Other: None
Current/past Employee of Calgary COOP, IDA, Sobey's, Medicine Shoppe, Safeway, Shopper's Drug Mart
Investments: Investments in sponsor organization or entity with product in program - None
Patent in product - None

Speaking Fees for current program:
I have received a speaker's fee from Abbot, Ascensia, and Dexcom for this learning activity

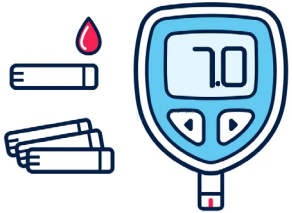
This learning activity has received financial support from Abbot, Ascensia, and Dexcom in the form of Speaker fee and demonstration products seen

Objectives

- Understand the differences between various diabetes sugar testing devices
- Identify the advantages and disadvantages of different diabetes sugar testing devices
- Comprehend how capillary glucose monitoring and continuous glucose monitoring function differently and appreciate the advantages of each approach in diabetes management
- Gain the ability to address typical patient questions regarding diabetes sugar testing devices
- Understand current climate for insurance coverage for different diabetes sugar testing devices.

Content Overview

1. CBG Device Use



Using Capillary Blood Glucose Monitors

2. CBG Device types

Comparison of Capillary Blood Glucose Monitors

3. FGMOverview

Flash Glucose Monitoring

4. CGM Overview

Continuous Glucose Monitoring

5. Coverage

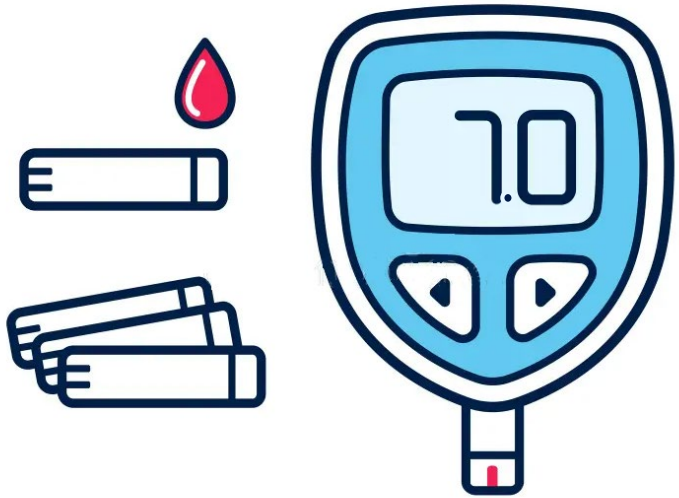
Canada NON INSURED HEALTH BENEFITS

ALBERTA BLUE CROSS

Alberta Works

Coverage for Testing in Alberta

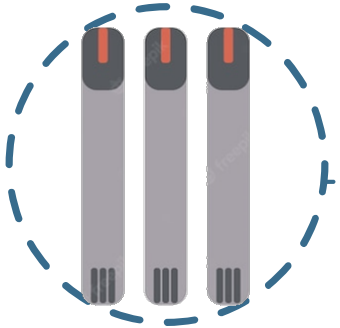
1. CBG Device Use



Using Capillary Blood Glucose Monitors

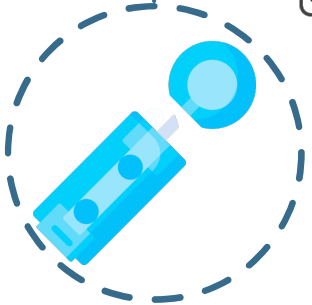
(Previously known as SMBG – Self Monitoring Blood Glucose)

CBG Monitoring Components



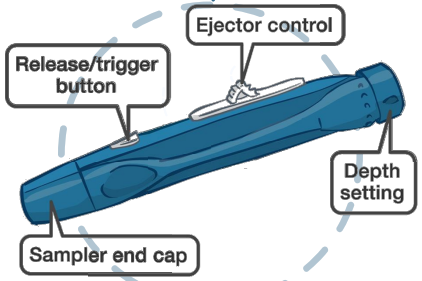
Test Strips

One time use
Apply Blood to



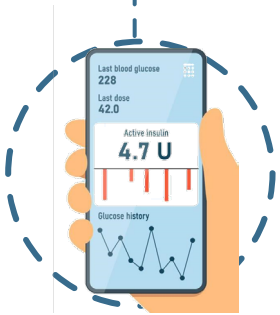
Lancets

Contains Needle
Used for Finger Pokes For Blood



Lancet Device

Holds Lancet to
Perform Finger Poke



Phone App (Optional)

Will store and Chart Past
Blood Sugar Measurements

Meter

Strip is Inserted into
Meter to get Blood
Sugar Measurement

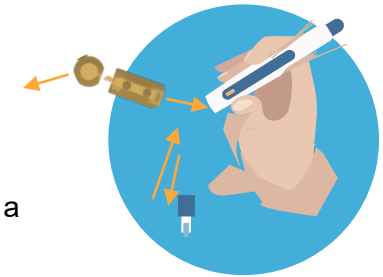
Remind patients to check the expiry on their strips, especially if they don't test regularly

Blood Glucose Testing Steps

1

Insert Strip into Meter

It will usually display a symbol meaning "add blood"



2

Insert the Lancet into the Lancet Device

Twist the circle part of the lancet off to expose the needles after putting lancet into

3

Use Lancet Device to Poke Fingers for Blood

There usually a dial to adjust how deep the lancet goes

4

Add Blood to Strip

Where the blood goes might differ between different strips

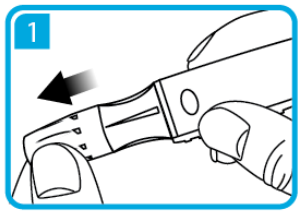
5

Get Blood Glucose Reading

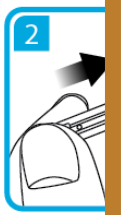
This may take the meter a moment

Home Blood Sugar Test | HealthLink BC. (n.d.). https://www.healthlinkbc.ca/tests-treatments-medications/medical-tests/home-blood-glucose-test

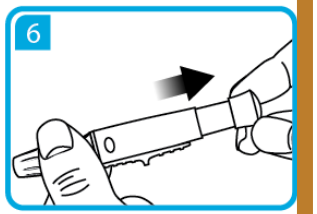
Breakdown of Lancet Use



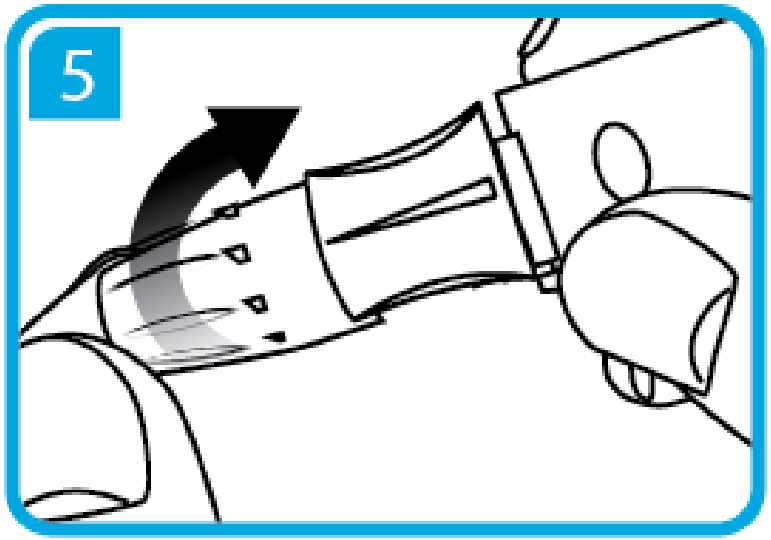
Remove the Device Cap



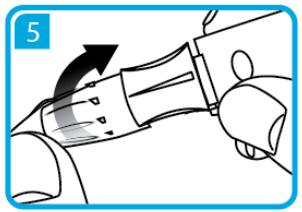
Insert a
into the



Load the Device
(Click inidcator)



Adjust the lancing depth

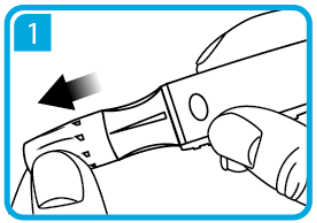


Adjust the lancing depth

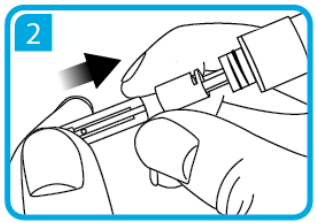
et safely
ce

Lancing Devices — ONE-CARE™. (n.d.). One-Care®. https://www.one-care.com/lancing-devices

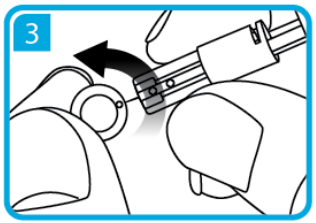
Breakdown of Lancet Use



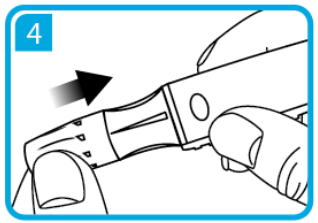
Remove the Device Cap



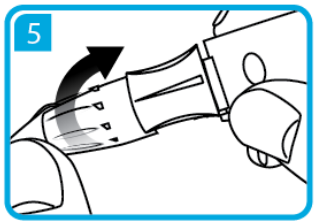
Insert a new Lancet into the Device



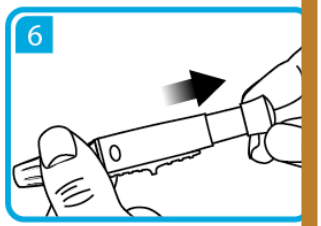
Twist off and pull out safety cap of the Lancet



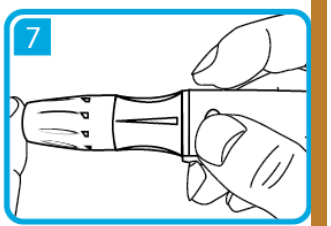
Put the Device Cap back on



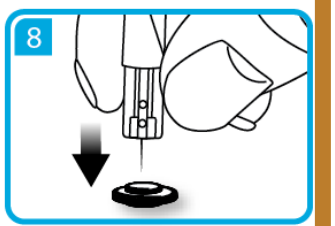
Adjust the lancing depth



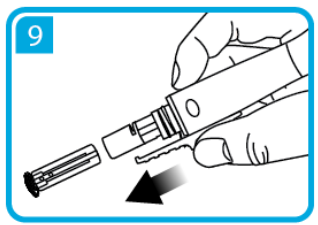
Load the Device (Click inidcator)



Activate the Device to obtain blood sample



Drive the Lancet into the safety cap



Eject the Lancet safely from the Device

Lancing Devices — ONE-CARE™. (n.d.). One-Care®. https://www.one-care.com/lancing-devices

Blood Glucose Testing Steps

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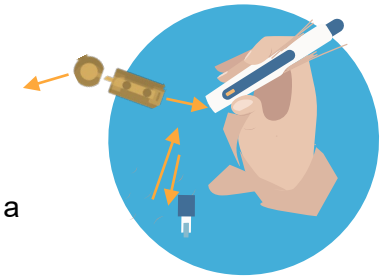

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Use Lancet Device to Poke Fingers for Blood

There usually a dial to adjust how need the lancet goes

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Add Blood to Strip

Where the blood goes might differ between different strips

5

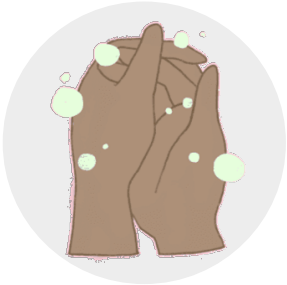
Get Blood Glucose Reading

This may take the meter a moment

Home Blood Sugar Test | HealthLink BC. (n.d.). https://www.healthlinkbc.ca/tests-treatments-medications/medical-tests/home-blood-glucose-test

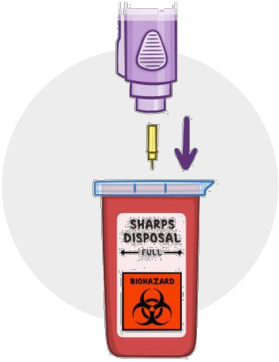
Additional Considerations

QUICK TIPS



Wash Hands

Anything on their finger may effect the glucose result



Remember to Give the Patient a Sharps Container

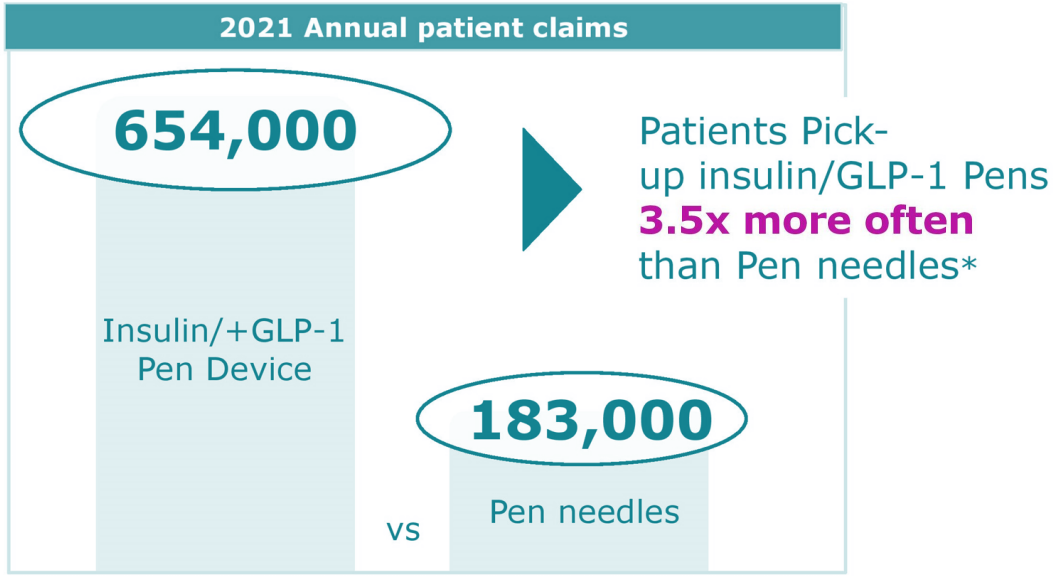
Poke the Right Part of the Finger

Other locations can cause nerve damage and added pain

Lancets Shouldn't Be Reused

Needles can get dull even after 1 use and cause nerve damage

Patients pick up insulin 3.5 times more often than their pen needles. Are patients receiving enough supplies to inject optimally?



*IQVIA RxDynamics Jan – Dec 2021 – Unique Patients 12 months submitting Rx Pen Needles vs Insulin / GLP-1 Pen devices

Ensuring That Patients Have Adequate Supply Of Pen Needles/Insulin Syringes May Reduce The Risk Of Needle-reuse

Impact of needle-reuse

39% of Patients Re-Use Their Needles[1]

No longer sterile after use[2]

May increase risk of **pain and bleeding**[2,3]

Increased risk of **developing lipohypertrophy**[4]

In a study, patients who were provided an **adequate supply of pen needles,** plus proper injection technique training, reported **no reuse**[5]

1. Bari B, et al. D iabetes T her. 2 0 20;11:2595-2609 **2**. Frid AH, Kreugel G, Grassi G, et al. New insulin delivery recommendations. Mayo Clin Proc. 2016;91(9):1231-1255.**3**. American Diabetes Association. Standards of Medical Care in Diabetes – 2021. *Diabetes Care.* 2021;44(Suppl 1):S1-S232 **4**. Frid AH, Hirsch LJ, Menchior AR, Morel DR, Strauss KW. Worldwide injection technique questionnaire study: injecting complications and the role of the professional. Mayo Clin Proc. 2016;91(9):1224–1230. **5**. Misnikova IV, et al. Diabetes Ther. 2017;8(6):1309-1318.

Content Overview

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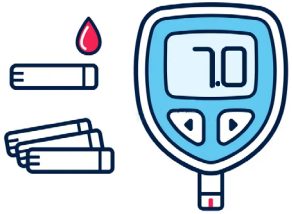

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2. CBG Device types

Comparison of Capillary Blood Glucose Monitors

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Coverage for Testing in Alberta

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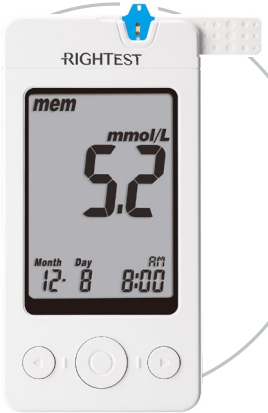

One Touch Verio Flex
One Touch Verio Reflect

Contour Next One
Contour Next Gen

Freestyle Lite

Comparison of
Capillary Blood Glucose
Monitors
How are they different?

Crawley, A., BSP, & Robertson, B., PharmD. (2023, May). *Blood Glucose Meters*. RxFiles. Retrieved June 30, 2023, from https://www.rxfiles.ca/rxfiles/uploads/documents/cht-diabetes-smbg.pdf

Meter Shape

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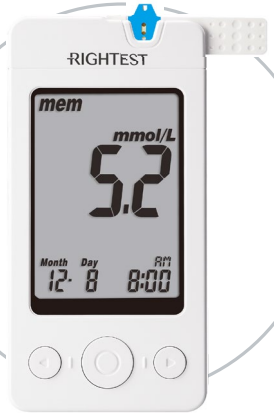

Freestyle Lite

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One Touch Verio Reflect

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Accuracy

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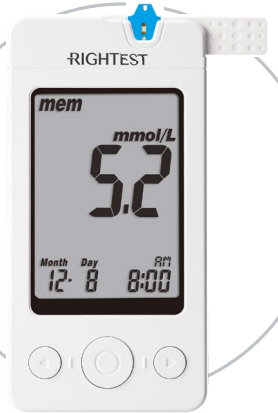

Freestyle Lite

One Touch Verio Flex
One Touch Verio Reflect

typically ± 0.3 mmol/L

Otherwise typically ± 0.6 mmol/L

Crawley, A., BSP, & Robertson, B., PharmD. (2023, May). *Blood Glucose Meters*. RxFiles. Retrieved June 30, 2023, from https://www.rxfiles.ca/rxfiles/uploads/documents/cht-diabetes-smbg.pdf

Amount of Blood Required

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0.6µL

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0.6µL

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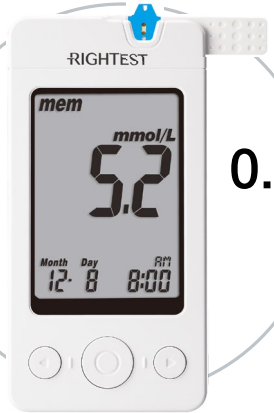

0.75µL

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0.3µL

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0.4µL

Crawley, A., BSP, & Robertson, B., PharmD. (2023, May). *Blood Glucose Meters*. RxFiles. Retrieved June 30, 2023, from https://www.rxfiles.ca/rxfiles/uploads/documents/cht-diabetes-smbg.pdf

Can Add More Blood

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Crawley, A., BSP, & Robertson, B., PharmD. (2023, May). *Blood Glucose Meters*. RxFiles. Retrieved June 30, 2023, from https://www.rxfiles.ca/rxfiles/uploads/documents/cht-diabetes-smbg.pdf

Alternate Site Testing

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Palms, Forearm, Upper Arm

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Palms, Forearm,

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One Touch Verio Reflect

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Palms

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Forearm, Upper Arm, Hand, Thighs, Calves

Crawley, A., BSP, & Robertson, B., PharmD. (2023, May). *Blood Glucose Meters*. RxFiles. Retrieved June 30, 2023, from https://www.rxfiles.ca/rxfiles/uploads/documents/cht-diabetes-smbg.pdf

Colors Indicating High or Low Sugars

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Other Considerations

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Strip Ejector

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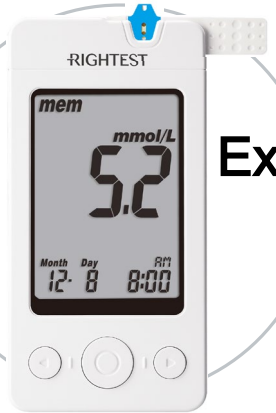

Least Expensive

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Other Considerations

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The Strips

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One Touch Verio Reflect

The benefits start here with ZipWik™ tabs

CONTOUR NEXT: Blood Glucose Meters and Test Strips. (n.d.). https://www.ascensiadiabetes.ca/
FreeStyle Lite | Abbott. (n.d.). https://www.freestyle.abbott/ca-en/blood-glucose-meters/freestyle-lite.html
Accu-Chek®. (n.d.). Accu-Chek Diabetes Care Products Home. https://www.accu-chek.ca/en/
GE200. (n.d.). https://www.bionime.com/ge-200.html
Homepage | OneTouch®. (n.d.). https://www.onetouch.ca/

The Strips

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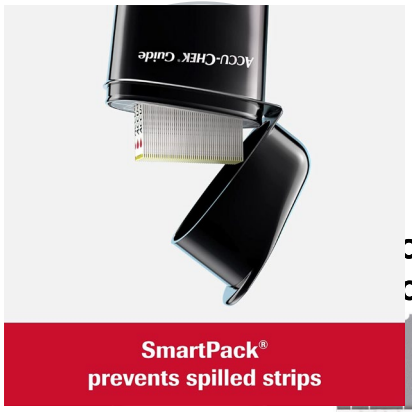

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FreeStyle Lite | Abbott. (n.d.). https://www.freestyle.abbott/ca-en/blood-glucose-meters/freestyle-lite.html
Accu-Chek®. (n.d.). Accu-Chek Diabetes Care Products Home. https://www.accu-chek.ca/en/
GE200. (n.d.). https://www.bionime.com/ge-200.html
Homepage | OneTouch®. (n.d.). https://www.onetouch.ca/

The Lancets and Lancet Device

Accu-Chek Softclix

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Accu-Chek®. (n.d.). Accu-Chek Diabetes Care Products Home. https://www.accu-chek.ca/en/

GE200. (n.d.). https://www.bionime.com/ge-200.html
Homepage | OneTouch®. (n.d.). https://www.onetouch.ca/

The Lancets and Lancet Device

Accu-Chek®. (n.d.). Accu-Chek Diabetes Care Products Home. https://www.accu-chek.ca/en/

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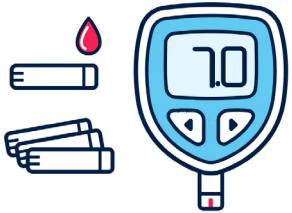
1. CBG Device Use



Using Capillary Blood Glucose Monitors

2. CBG Device types

Comparison of Capillary Blood Glucose Monitors

3. FGMOverview

Flash Glucose Monitoring

4. CGM Overview

Continuous Glucose Monitoring

5. Coverage

Canada NON INSURED HEALTH BENEFITS

ALBERTA BLUE CROSS

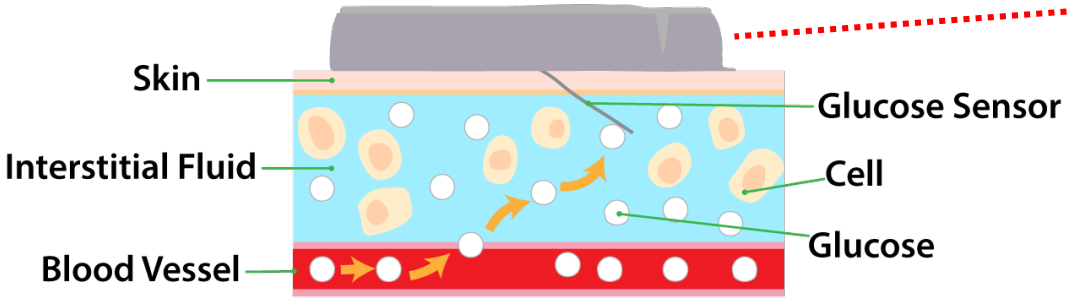
Alberta Works

Coverage for Testing in Alberta

Principles of Sensor Technology

What is a Glucose Sensor?

A small wearable device that measures interstitial glucose concentration continuously



CGM, continuous glucose monitoring. Choice of sensor sites: Ages 18 and older: Insert in belly or back of upper arms. Ages 2-17 years: insert in belly or upper buttocks. Images for illustration purposes only.

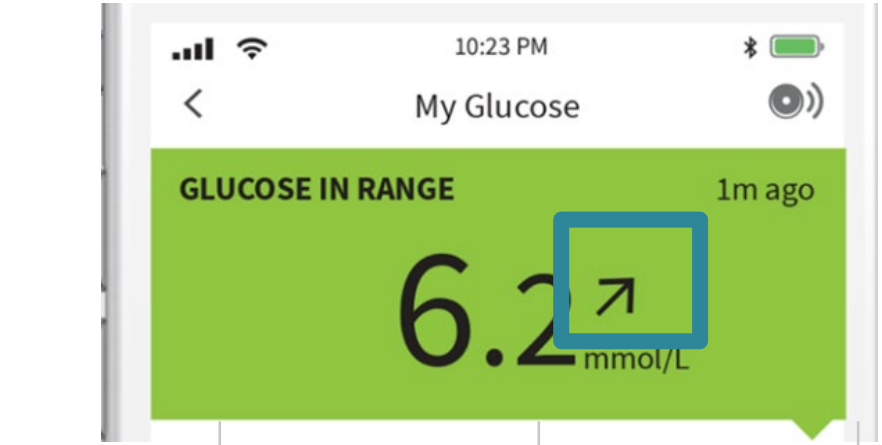
Different Than CBG

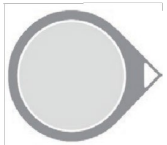
FreeStyle Libre. (n.d.). Why Blood Glucose Won't Always Match Sensor Glucose | FreeStyle Libre AU. https://www.freestylelibre.com.au/difference-between-glucose-interstitial-glucose

Follow the arrows

FAQ

If my sensor number doesn't match my blood glucose meter?





Steady

Slowly Rising

Slowly Falling

Rising

Falling

Rapidly Rising

Rapidly Falling

FAQ

If my sensor number doesn't match my blood glucose meter?

Most importantly:

It is been shown repeatedly to be accurate enough for patients with diabetes to safely dose their insulin based off these values

3. FGMOverview

4. CGM Overview

Flash Glucose Monitoring

(also known as Intermittent scan continuous glucose monitoring – isCGM)

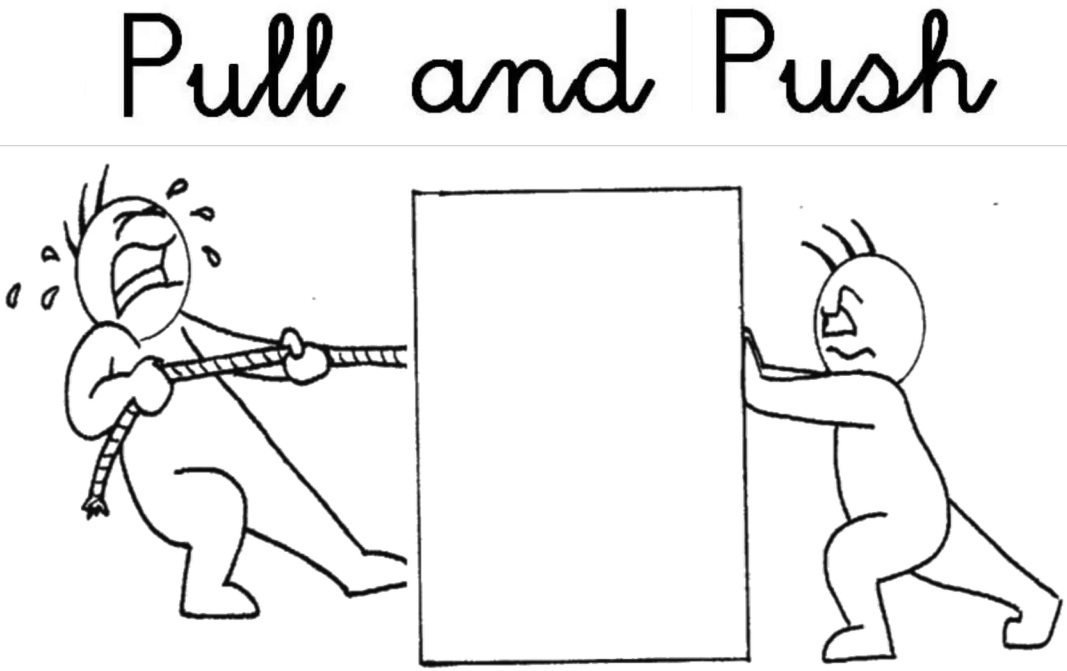
Continuous Glucose Monitoring

(also known as real time continuous glucose monitoring – rtCGM)

FAQ what's the difference?

FGM vs CGM

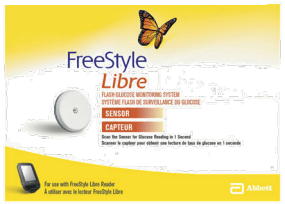
Sensor information is only recorded when the sensor gets scanned by the user



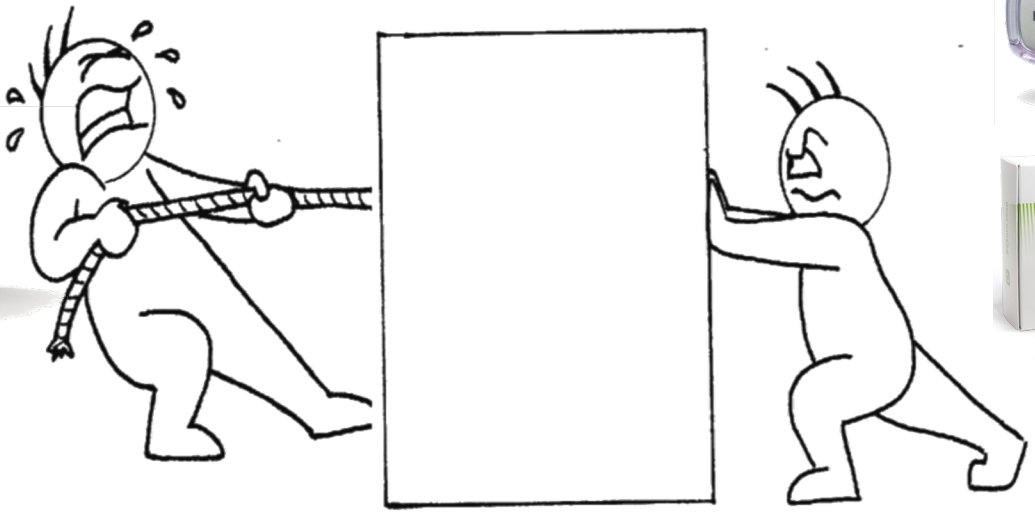
Sensor is continuously sending measurements to phone via Bluetooth – Gaps in data due to phone being to far away

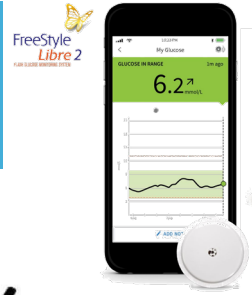
FGM vs CGM

FreeStyle LibreLink - CA
Abbott Diabetes Care Inc. • Medical
2.9 ★ 50K+



Pull and Push



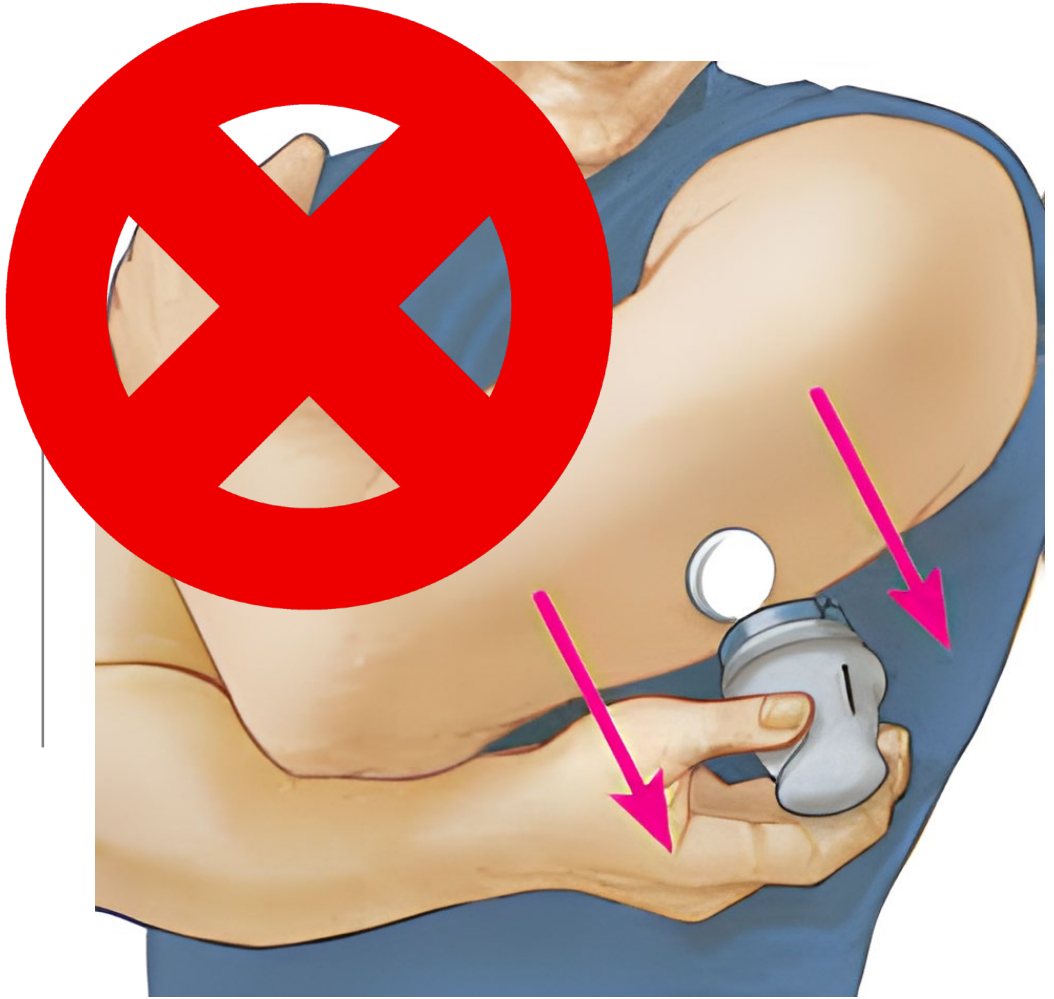


Libre 1 & 2 Components

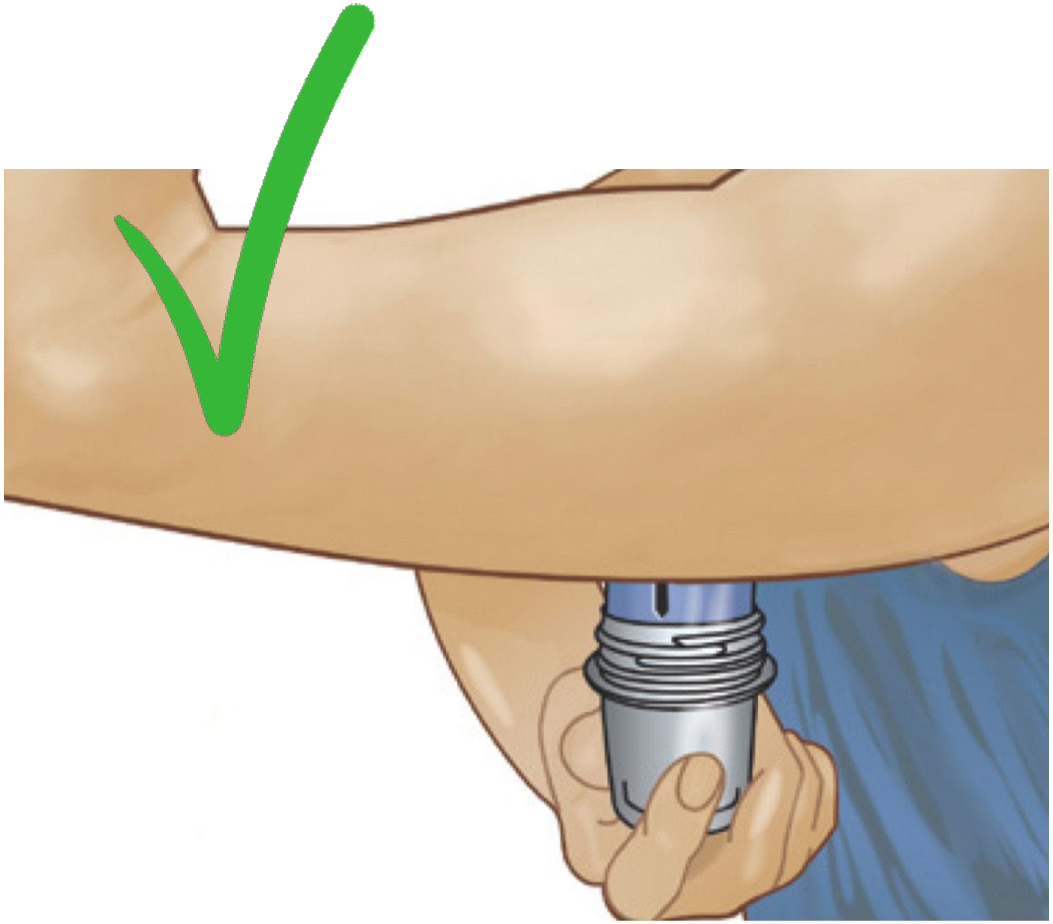
Application – Libre 1 &2

FreeStyle US. (2023, January 4). How to Apply the FreeStyle Libre 2 Sensor [Video]. YouTube. https://www.youtube.com/watch?v=pHZlr1dprYw

How do I prevent the sensor from falling off?



How do I prevent the sensor from falling off?



1. Choose a site that is at least 2.5 cm (1 inch) away from an insulin injection site. To prevent discomfort or skin irritation, you should select a different site other than the one most recently used. 2. CAUTION: Do NOT use if the sensor pack or the sensor.

Components – Dexcom G6

The simple to use **auto-applicator** easily inserts a small sensor just beneath the skin with one touch.

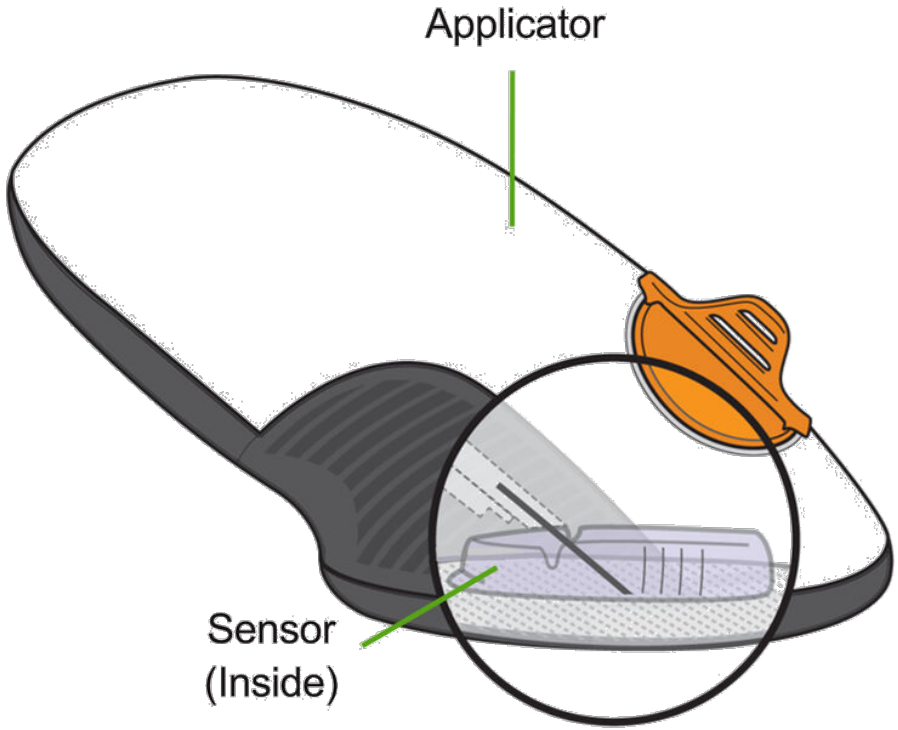
The **sensor** measures glucose levels from just underneath the skin*.

A **display device**‡ continuously shows current glucose value, speed and direction of change.

The **transmitter** fastens on top of the sensor and wirelessly sends data to a **receiver**† or **compatible smart device**‡ loaded with the **Dexcom G6 app.**

rtCGM, real-time continuous glucose monitoring. * If glucose alerts and readings from the Dexcom G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions. ‡ For a list of compatible smart devices, visit dexcom.com/compatibility. Images are for illustrative purpose only.

Applicator



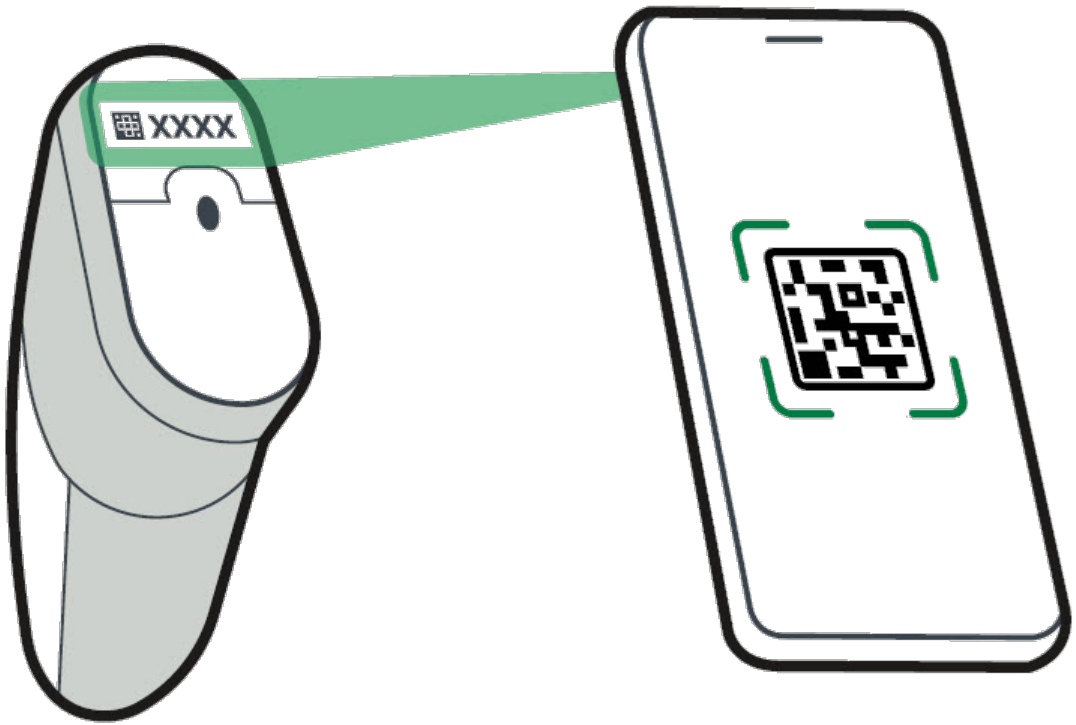
Components – Dexcom G6

Sensor
(10 days use)
Monitors interstitial glucose levels through a small wire inserted just underneath the skin, sending a signal to the attached transmitter.

Transmitter
(3 months use)
Fastened on top of the sensor; sends data wirelessly to the wearer's compatible display device.†

† Internet connectivity required for data sharing. Following requires the use of the Follow App.
* Dexcom G6 app required for patients to receive real-time glucose data on a compatible smart phone. Smart device sold separately. To view a list of compatible smart devices, visit dexcom.com/compatibility

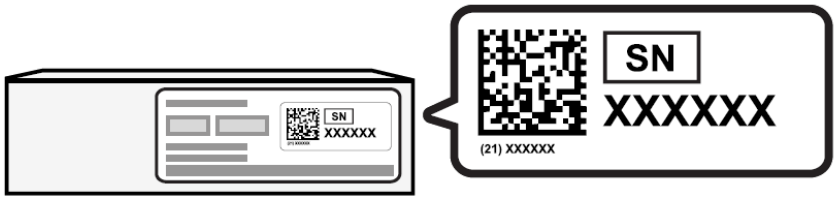
Dexcom G6- Application



Dexcom G6– Transmitter Application

- Enter your Serial Number (SN) from:

Transmitter box

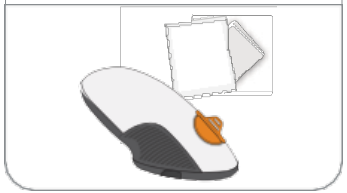


or

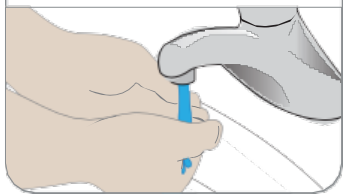
Back of transmitter

Dexcom G6– Sensor Application

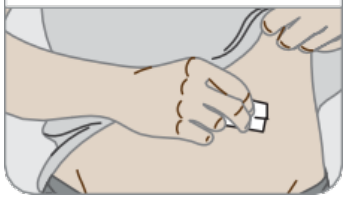
1 Get sensor applicator an alcohol wipe.



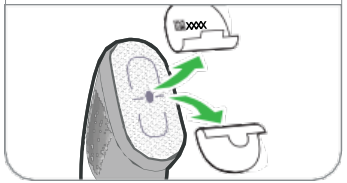
2 Wash and dry hands.



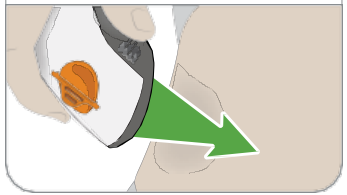
3 Clean sensor site with alcohol wipe.



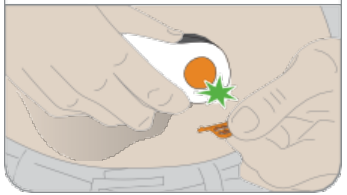
4 Peel off adhesive backings. Do not touch adhesive.



5 Place applicator on skin.

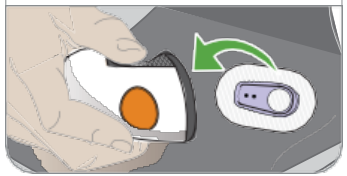


6 Fold and break off safety guard.

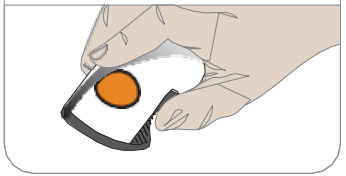


7 Press button to insert sensor.

8 Remove applicator from skin leaving patch and holder on.



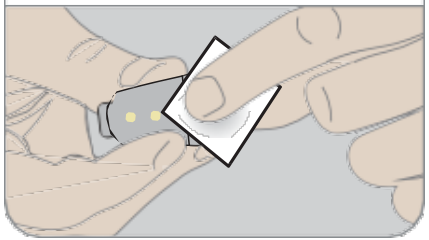
9 Discard applicator. Follow local guidelines for blood-contacting components.



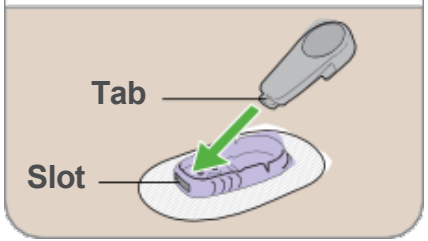
Dexcom G6– Transmitter Application

B Snap in transmitter

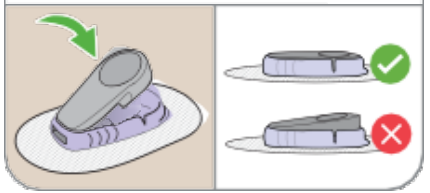
1 Clean transmitter with alcohol wipe.



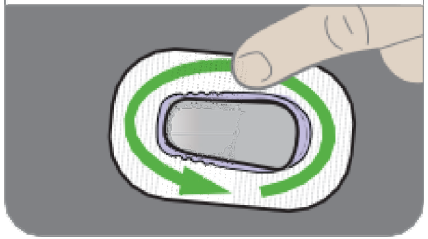
2 Insert transmitter, tab first, into holder



3 Snap in transmitter. It clicks into place. Make sure it is flat and snug in holder.



4 Rub around patch 3 times.



Dexcom G7

DISPLAY DEVICE
A compatible Apple or Android smart device[†] or optional touch screen receiver displays real-time glucose data, and allows users to upload data to Dexcom CLARITY[‡] and to share with followers.[§]

ALL-IN-ONE SENSOR AND TRANSMITTER
Inserted just underneath the skin with a simple one-touch applicator, the sensor measures interstitial glucose levels and sends data via Bluetooth to a display device, every 5 minutes.

Dexcom G7 CGM System for Diabetes Management | Dexcom Provider. (n.d.). https://provider.dexcom.com/products/g7-personal-cgm

Dexcom G7

Dexcom G7 CGM System for Diabetes Management | Dexcom Provider. (n.d.). https://provider.dexcom.com/products/g7-personal-cgm

Dexcom G7- Application

Dexcom. (2023, February 16). Dexcom G7 - How to insert the sensor [Video]. YouTube. https://www.youtube.com/watch?v=KLbBidcY4lA

Dexcom G7- Application

Dexcom. (2023, February 16). Dexcom G7 - How to insert the sensor [Video]. YouTube. https://www.youtube.com/watch?v=KLbBidcY4lA

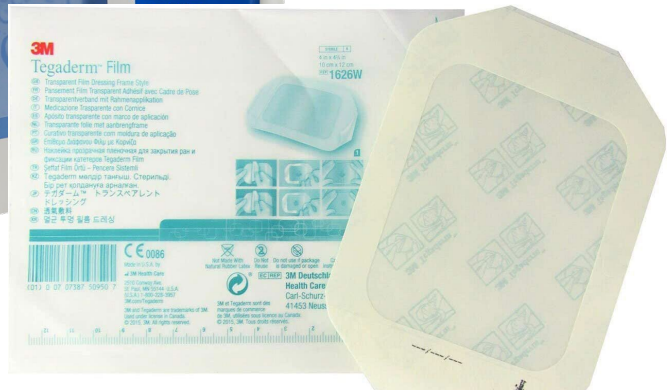
How do I prevent the sensor from falling off?

Freestyle Libre Sensor Covers Waterproof-30 Pack Freestyle Libre 2 Adhesive Patches,Transparent CGM Overpatch Tape Lasting to 14 Days-...

4.4 out of 5 stars 405

$16.99 ($0.57/count) ~~$22.67~~

prime FREE delivery by **Friday, Dec 3**



Additional Difference

System Name	Libre 1 Sensor (no longer manufactured)	Libre 2 Sensor with Reader (Readers can be difficult to get)	Libre 2 Sensor with Phone App	Dexcom G6	Dexcom G7 (Recently Approved, no yet available)
Type of system	isCGM with 8 hours of memory	isCGM with 8 hours of memory	rtCGM ~10 meter range	rtCGM ~10 meter range	rtCGM ~10 meter range
Age Indications	≥ 18 yrs old	≥ 4 yrs old	≥ 4 yrs old	≥ 2 yrs old	≥ 2 yrs old
Sensor Warm Up Duration	1 hour after 1st scan	1 hour after 1st scan	1 hour after 1st scan	2 hours after Sensor Connects with Phone	30 minutes after sensor insertion

1 Using Your G6 Guide 2 FreeStyle Libre 2 User Guide & FreeStyle LibreLink User Guide 3 Requires the Follow App and an internet connection. Followers should always confirm readings on the Dexcom G6 App or Receiver before making treatment decisions 4 FreeStyle Librelink Smartphone Compatibility Guide5 For a list of compatible devices, please visit dexcom.com/compatibility. Use of the smart watch requires the Dexcom G6 App on a compatible smartphone.

Additional Difference

System Name	Libre 1 Sensor (no longer manufactured)	Libre 2 Sensor with Reader (Readers can be difficult to get)	Libre 2 Sensor with Phone App	Dexcom G6	Dexcom G7 (Recently Approved, no yet available)
Sensor Placement Location	Back of the arm			For all patients: Back of the arm and abdomen Ages 2-17 can use upper buttocks as additional site Not indicated in Pregnant patients	For all patients: Back of the arm Not Pregnant patients can also use their abdomen Patients age 2-6 can also use the upper buttocks
Sensor Duration	Up to 14 days			Sensor for Up to 10 days Transmitter works for 90 days	10 Days with a 12 Hour Grace Period

1 Using Your G6 Guide 2 FreeStyle Libre 2 User Guide & FreeStyle LibreLink User Guide 3 Requires the Follow App and an internet connection. Followers should always confirm readings on the Dexcom G6 App or Receiver before making treatment decisions 4 FreeStyle Librelink Smartphone Compatibility Guide5 For a list of compatible devices, please visit dexcom.com/compatibility. Use of the smart watch requires the Dexcom G6 App on a compatible smartphone.

Additional Difference

System Name	Libre 1 Sensor (no longer manufactured)	Libre 2 Sensor with Reader (Readers can be difficult to get)	Libre 2 Sensor with Phone App	Dexcom G6	Dexcom G7 (Recently Approved, no yet available)
Rise/Fall Rate Alert	No			Yes	
Predictive Urgent Low Soon Alert*	No			Yes	
High and Low Alarm	No	Yes	Yes	Yes	Yes

1 Using Your G6 Guide 2 FreeStyle Libre 2 User Guide & FreeStyle LibreLink User Guide 3 Requires the Follow App and an internet connection. Followers should always confirm readings on the Dexcom G6 App or Receiver before making treatment decisions 4 FreeStyle Librelink Smartphone Compatibility Guide5 For a list of compatible devices, please visit dexcom.com/compatibility. Use of the smart watch requires the Dexcom G6 App on a compatible smartphone.

*Provides a warning up to 20 minutes in advance of serious hypoglycemia (glucose levels at or below 3.1 mmol/L).
†Lets users know when their sensor glucose is at or below 3.1 mmol/L.

Additional Difference

System Name	Libre 1 Sensor (no longer manufactured)	Libre 2 Sensor with Reader (Readers can be difficult to get)	Libre 2 Sensor with Phone App	Dexcom G6	Dexcom G7 (Recently Approved, no yet available)
Compatible with Automated Insulin Delivery (AID) Systems (aka Insulin Pumps)	No			Yes ‡	
Display Devices	Smartphone [4] or Reader	Reader	Smartphone	Smartphone [5], smart watch [5], or receiver	Smartphones or Receiver

‡When integrated with the Tandem t:slim X2 Insulin Pump. 1 Using Your G6 Guide 2 FreeStyle Libre 2 User Guide & FreeStyle LibreLink User Guide 3 Requires the Follow App and an internet connection. Followers should always confirm readings on the Dexcom G6 App or Receiver before making treatment decisions 4 FreeStyle Librelink Smartphone Compatibility Guide5 For a list of compatible devices, please visit dexcom.com/compatibility. Use of the smart watch requires the Dexcom G6 App on a compatible smartphone.

Additional Difference

System Name	Libre 1 Sensor (no longer manufactured)	Libre 2 Sensor with Reader (Readers can be difficult to get)	Libre 2 Sensor with Phone App	Dexcom G6	Dexcom G7 (Recently Approved, no yet available)
Water Resistance of Sensors (not the readers/receivers)	Up to 30 minutes in 1 meter (3ft)			Up to 24 hours in 2.4 meters (8ft)	
Known Interferents	Ascorbic acid (Vitamin C) [2]			Hydroxyurea [1]	
Frequency of Readings	1 reading per minute			1 reading every 5 minutes	

1 Using Your G6 Guide 2 FreeStyle Libre 2 User Guide & FreeStyle LibreLink User Guide 3 Requires the Follow App and an internet connection. Followers should always confirm readings on the Dexcom G6 App or Receiver before making treatment decisions 4 FreeStyle Librelink Smartphone Compatibility Guide5 For a list of compatible devices, please visit dexcom.com/compatibility. Use of the smart watch requires the Dexcom G6 App on a compatible smartphone.

Additional Difference

System Name	Libre 1 Sensor (no longer manufactured)	Libre 2 Sensor with Reader (Readers can be difficult to get)	Libre 2 Sensor with Phone App	Dexcom G6	Dexcom G7 (Recently Approved, no yet available)
App		N/A			
Remote Monitoring	Yes - only shared when scanned. Displayed on LibreLinkUp app			Yes - shared continuously. Displayed on the Dexcom Follow app [3].	

All information on slides are obtained from each product's user manual

Additional Difference

Please note that unlike the Libre app, the G6 or G7 app only allows user to use the last 24 hours of information

For additional grafts and history, the user needs to install the dexcom clarity app seen here

	Dexcom G6	Dexcom G7 (Recently Approved, no yet available)
		
	Yes - shared continuously. Displayed on the Dexcom Follow app [3].	

All information on slides are obtained from each product's user manual

5. Coverage

Coverage for Testing in Alberta

As of July 2021

Method Of Diabetes Management	Coverage Maximum For Group 1, 66 And 20514 For Diabetes Supply Per Benefit Year	Quantity Maximum For Low Income Plans For BGTS Per Benefit Year
Treated with insulin	$2,400	3,000 Strips
Treated with diabetes medications with high risk of hypoglycemia	$320	400 Strips
Treated with diabetes medications with low risk of hypoglycemia	$160	200 Strips
Treated via diet and/or exercise	$160	200 Strips

As of July 2021

Unfortunately Only Capillary blood glucose is covered at this time
Sensor technology is not a benefit in any circumstance

Diabetes Supplies is defined as:
Blood glucose strips,
Lancets and penlets,
Blood monitoring devices with a doctor's authorization. This is limited to a one -time benefit not to exceed $70.00,
Glucose calibration solution when required to monitor accuracy of monitoring device

Insulin using diabetics can also receive:
Injection supplies: needles, syringes and needles for insulin pens
Glucose test strips

Canada

NON INSURED HEALTH BENEFITS

As of April 25, 2023

Method of Diabetes Management	Coverage for Capillary Blood Glucose	Coverage for Continous Glucose Monitoring
Treated with insulin	800 test strips and lancets per 100 days	14 Sensors every 6 months
Treated with diabetes medications with high risk of hypoglycemia	400 test strips and lancets per 365 days	Not a benefit
Treated with diabetes medications with low risk of hypoglycemia	200 test strips and lancets per 365 days	Not a benefit
Treated via diet and/or exercise	200 test strips and lancets per 365 days	Not a benefit

Thank You for Your Attention!